

NORTH STONINGTON SENIOR CENTER

Senior Center News

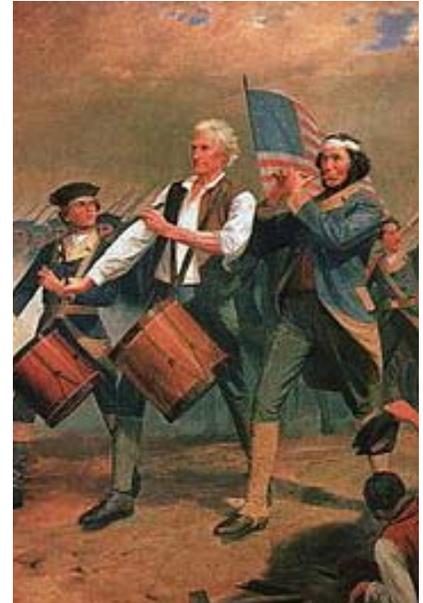
Happy Summer Everyone! We started the summer with our banging picnic. I hope everyone enjoyed their selves as much as I did.

.Once again we need to thank the Lion's Club for their generous donation of \$500.00; With this money I plan to end

the summer with a pig roast and entertainment.

So mark your calendars and save September 24 because we will be ending the summer on a high note!

We have a beautiful heron flying around the senior center.



INDEPENDENCE DAY

The Fourth of July will be here very soon. On the 4th we are celebrating the adoption of the Declaration of Independ-

ence and our independence from the Kingdom of Great Britain. Be sure to remind your loved ones about the signifi-

cance of this day.

Do you remember who was the principal author of the declaration?

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- Happy Birth Day & Anniversary
- Elaine Button
- Do t Costa
- Gary smith
- Dot Woods
-

Schedule of Events

- July 14 Cooks Garden leaving 8:15 am \$32 + \$5
- July Breakfast at Middle of No Where 9am
- July Mystery Lunch
- July 30 Jamestown , Beavertail Lighthouse & Park 10:30 am \$5
- August 6 Harriet B. Stowe and Mark Twain Houses \$23 & \$5
- Sept. 21 AARP driving Class Sept 28 Flu shots



Lunch Menu

July 8 grilled hotdogs and summer fixings.

July 15 meatloaf and fixings

July 22 Summer salad plate

DIAL A RIDE

The Dial a Ride program is open to North Stonington residents and have completed a registration form and have submitted a \$24 annual registration fee **payable to the Town of Groton.**

This program provides 24 one –way rides or 12 round way trips for medical reasons as long as the funds last. There is also mileage reimbursement for caregivers.

Call (860) 535-8188 for more information and applications.

July 2015

Mon

Tue

Wed

Thu

Fri

		<p>1 Blood pres- sure 11:30 am GA</p>	<p>2 Chair yoga 10 am Tai Chi 1pm Sewing noon</p>	<p>3 Art 10AM– NOON</p>
<p>6</p>	<p>7 Sewing 10AM- 3PM</p>	<p>8 Lunch Noon</p>	<p>9 Chair yoga 10 am Tai Chi 1pm Sewing noon</p>	<p>10 Art</p>
<p>20</p>	<p>21 Sewing</p>	<p>22 LUNCH</p>	<p>23 Chair yoga 10 am Tai Chi 1pm Sewing noon</p>	<p>24 Art</p>
<p>27</p>	<p>28 Sewing</p>	<p>29 Lunch Noon</p>	<p>30 Chair yoga 10 am Tai Chi 1pm Sewing noon</p>	<p>31 Art</p>